Skills Rubrics

PEMPC 2.5 Skills Test Rubric											
Skill	**Requirement**	Tester's Name:						Test Date:			
FH down the line dinks	6/10	1	2	3	4	5	6	7	8	9	10
FH across the court dinks	6/10	1	2	3	4	5	6	7	8	9	10
BH down the line dinks	6/10	1	2	3	4	5	6	7	8	9	10
BH across the court dinks	6/10	1	2	3	4	5	6	7	8	9	10
FH 3rd shot drop from the transition zone to the middle of the court	4/10	1	2	3	4	5	6	7	8	9	10
BH 3rd shot drop from the transition zone to the middle of the court	4/10	1	2	3	4	5	6	7	8	9	10
FH Punch volley	5/10	1	2	3	4	5	6	7	8	9	10
BH Punch volley	5/10	1	2	3	4	5	6	7	8	9	10
Serve from the right side of the court	6/10	1	2	3	4	5	6	7	8	9	10
Serve from the left side of the court	6/10	1	2	3	4	5	6	7	8	9	10
Return of serve from the right side of the court	6/10	1	2	3	4	5	6	7	8	9	10
Return of serve from the left side of the court	6/10	1	2	3	4	5	6	7	8	9	10
Overheads	4/10	1	2	3	4	5	6	7	8	9	10
Comments:											

PEMPC 3.0 Skills Test Rubric

Skill	Requirement	Tester's Name:									Test Date:
FH down the line dinks	7/10	1	2	3	4	5	6	7	8	9	10
FH across the court dinks	7/10	1	2	3	4	5	6	7	8	9	10
BH down the line dinks	7/10	1	2	3	4	5	6	7	8	9	10
BH across the court dinks	7/10	1	2	3	4	5	6	7	8	9	10
FH 3rd shot drop from the transition zone	5/10	1	2	3	4	5	6	7	8	9	10
BH 3rd shot drop from the transition zone	5/10	1	2	3	4	5	6	7	8	9	10
FH 3rd shot drop from the baseline	2/5	1	2	3	4	5					
BH 3rd shot drop from the baseline	2/5	1	2	3	4	5					
FH Punch volley with direction and depth to the back 1/2 of the court	6/10	1	2	3	4	5	6	7	8	9	10
BH Punch volley with direction and depth to the back 1/2 of the court	6/10	1	2	3	4	5	6	7	8	9	10
FH Punch volley that lands less than 1' beyond NVZ	6/10	1	2	3	4	5	6				
BH Punch volley that lands less than 1' beyond NVZ	6/10	1	2	3	4	5	6				
Serve to the even court (right side) deep back 1/2 of court	3/5	1	2	3	4	5					
Serve to the odd court (left side) deep back 1/2 of court	3/5	1	2	3	4	5					
Return of serve from the even court (right side) back 1/2 of court	3/5	1	2	3	4	5					
Return of serve from the odd court (left side) back 1/2 of court	3/5	1	2	3	4	5					
Offensive lobs from the NVZ	3/5	1	2	3	4	5					
Overheads	3/5	1	2	3	4	5					

Comments:

PEMPC 3.5 Skills Test Rubric

Skill	Requirement	Tester's Name:																				Test Date:
Windshield Wiper Dinks	14/20	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	
FH 3rd shot drop down the line - from the transition zone	8/10	1	2	3	4	5	6	7	8	9	10											
FH 3rd shot drop across the court - from the transition zone	8/10	1	2	3	4	5	6	7	8	9	10											
BH 3rd shot drop down the line - from the transition zone	8/10	1	2	3	4	5	6	7	8	9	10											
BH 3rd shot drop across the court - from the transition zone	8/10	1	2	3	4	5	6	7	8	9	10											
FH 3rd shot drop down the line from the baseline	3/5	1	2	3	4	5																
BH 3rd shot drop down the line from the baseline	3/5	1	2	3	4	5																
FH Punch Volley to the back 1/2 of the court	7/10	1	2	3	4	5	6	7	8	9	10											
BH Punch Volley to the back 1/2 of the court	7/10	1	2	3	4	5	6	7	8	9	10											
FH Punch volley into the NVZ (ball is good 1' beyond NVZ line)	7/10	1	2	3	4	5	6	7	8	9	10											
BH Punch volley into the NVZ (ball is good 1' beyond NVZ line)	7/10	1	2	3	4	5	6	7	8	9	10											
Serving to the back 1/2 of the even court (right side)	4/5	1	2	3	4	5																
Serving to the back 1/2 of the odd court (left side)	4/5	1	2	3	4	5																
Return of serve to the back 1/2 of the even court (right side)	4/5	1	2	3	4	5																
Return of serve to the back 1/2 of the odd court (left side)	4/5	1	2	3	4	5																
Offensive lobs from the NVZ	3/5	1	2	3	4	5																
Overheads from the NVZ	3/5	1	2	3	4	5																

Comments:

PEMPC 4.0 Skills Test Rubric

Skill	Requirement	Tester's Name:												Test Date:								
Windshield Wiper Dinks	16/20	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20
FH Drop Shot down the line - from the transition zone	4/5	1	2	3	4	5															
FH Drop Shot across the court - from the transition zone	4/5	1	2	3	4	5															
BH Drop Shot down the line from the transition zone	4/5	1	2	3	4	5															
BH Drop Shot across the court from the transition zone	4/5	1	2	3	4	5															
FH Drop Shot down the line from the baseline	7/10	1	2	3	4	5	6	7	8	9	10										
BH Drop Shot down the line from the baseline	7/10	1	2	3	4	5	6	7	8	9	10										
FH Punch Volley with direction and depth, back 1/3 of court	4/5	1	2	3	4	5															
BH Punch Volley with direction and depth, back 1/3 of court	4/5	1	2	3	4	5															
FH Block Volley in the NVZ, fed from the baseline	3/5	1	2	3	4	5															
BH Block Volley in the NVZ, fed from the baseline	3/5	1	2	3	4	5															
Offensive lobs from the NVZ	4/5	1	2	3	4	5															
Overheads from the NVZ	4/5	1	2	3	4	5															
Comments:																					

PEMPC 4.5 Skills Test Rubric

Skill	Requirement	Tester's Name:												Test Date:								
Windshield Wiper Dinks	18/20	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20
FH 3rd shot drop down the line from the baseline	4/5	1	2	3	4	5															
FH 3rd shot drop cross court from the baseline	4/5	1	2	3	4	5															
BH 3rd shot drop down the line from the baseline	4/5	1	2	3	4	5															
BH 3rd shot drop cross court from the baseline	4/5	1	2	3	4	5															
FH 3rd shot DRIVE down the line - baseline	4/5	1	2	3	4	5															
FH Swing Volley	4/5	1	2	3	4	5															
BH Swing Volley	4/5	1	2	3	4	5															
FH Punch Volley w/direction and depth back 1/4 of court	4/5	1	2	3	4	5															
BH Punch Volley w/direction and depth back 1/4 of court	4/5	1	2	3	4	5															
FH Block Volley with the ball landing in the opponents NVZ	4/5	1	2	3	4	5															
BH Block Volley with the ball landing in the opponents NVZ	4/5	1	2	3	4	5															
Comments:																					