

Skill Assessment for 3.5 Players

Name: _____ Self-Rating: _____ Date: _____

Email: _____ Cell: _____ # Games observed: _____

Weather Conditions: _____

3.5 Skill Level – should ALSO possess most/all 3.0 skills

	0	1	2	3
Knows all the main rules including how to correct the score and the correct server				
Demonstrates control/consistency on forehand groundstrokes (direction, depth, height and pace)				
Demonstrates control/consistency on backhand groundstrokes (direction, depth, height and pace)				
Placing serve s deep into the court				
Uses deeper/higher returns of serve to allow time to approach the net				
Approaches the non-volley line quickly rather than staying back				
Able to play with partners effectively using court strategies like partner communication and changing a losing game				
Avoids hitting out balls				
Consistently returning lower balls over the net				
Demonstrates a wide variety of shots with some consistency				
Uses slower paced shots Vs. faster paced shots to their advantage				
Able to create coverage gaps and then hit to these gaps				
Sustains a short volley session at the net with some placement and control				
Initiates and maintains a sustained dink exchange at the net				
Utilizes a slow-paced ball (soft shot) to approach the net-3rd shot				
Able to adjust to differing ball speeds consistently				
Hits overheads with control				
Uses a forehand and backhand lob when appropriate				
Developing patience during rallies				
Exhibits correct court positioning and how to “move as a team”				
Has good mobility, moving in a safe and balanced manner*				
Has good quickness*				
Has good hand – eye coordination*				

Service Requirement – 8 out of 10 (80%)		
	YES	NO
Service Good		
Service Foot Faults		

Serve Return Requirement–8 out of 10 (80%)		
	YES	NO
Good Forehand		
Good Backhand		
Returns Deep		

Volley Requirement–8 out of 10 (80%)		
	YES	NO
Forehand		
Backhand		
Non-Volley Zone Foot Faults		

Three Things Done Well:

1. _____
2. _____
3. _____

Three Things to Work On:

1. _____
2. _____
3. _____

ACTUAL SKILL LEVEL: _____

Rater's Signature: _____ **Players Signature:** _____

Ledger: 0 = Not observed or not able to execute, 1 = attempted but very poorly executed/needs work,
2 = good basic form, but needs work, 3 = solid, consistent performance

*If a person cannot move quickly enough due to physical restrictions, then the rating will be reduced according to the physical limitations as related to playing the game.